

# Passover



בס"ד VAAD HOEIR OF ST. LOUIS

# GUIDE

5780-2020

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## Dear Fellow Community Members,

We are pleased to present to you the 5780 Passover Guide of the Vaad Hoeir of St. Louis. You will find in the coming pages much useful information to help you prepare for yom tov.

It is impossible to properly list all suitable products available for Passover, however we have endeavored to include some of the most pertinent information. Please call the Vaad office with any questions you might have regarding specific products.



The non-appearance of kosher symbols on this list does not reflect upon their reliability, but only means that the Vaad does not have a relationship with those particular agencies.

Much appreciation is due to the רבנים אחראים of the Vaad for their continuous direction and input to insuring the highest level of kashrus supervision in St. Louis.

As well as a special thank you to Mr. Alan Kandel - President of the Board and his fellow board members

In order to produce a guide with the most comprehensive information we have used the lists compiled by the Chicago Rabbinical Council. We are grateful to the cRc that they have allowed for us to publish their convenient "shopping guide" and "medicine list." You will also find links to OU and Star-K lists.

As we have done in the past, we are including a list of accepted kosher symbols. The list includes the most commonly seen national and international kosher

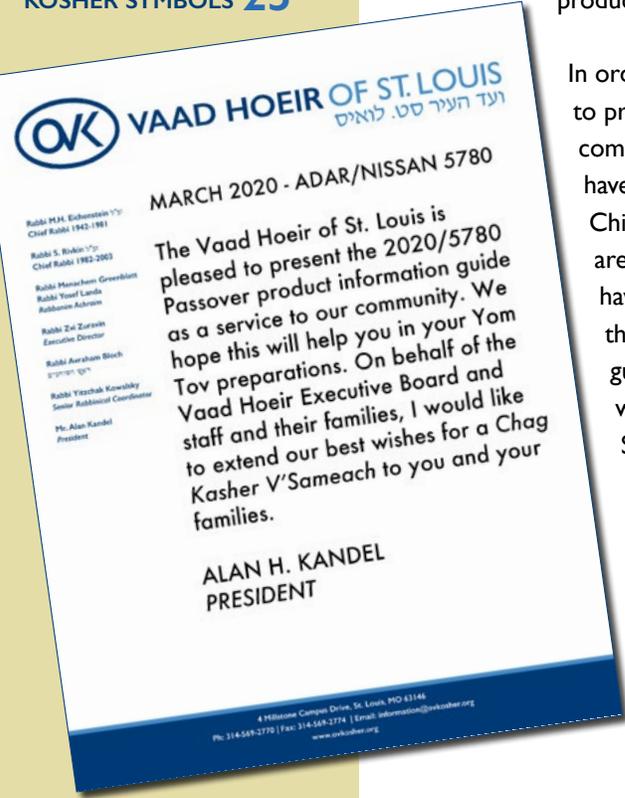
for their continued efforts to insure the success of our organization.

The continuous work performed daily by the Mashgichim and office staff of the Vaad Hoeir is appreciated by all kosher consumers in the St. Louis area.

### Wishing you all a Chag Kosher V'Sameach,

Rabbi Zvi Zuravin  
Executive Director

Rabbi Yitzchak Kowalsky  
Senior Rabbinical Coordinator



**One of the major differences between the way the Jews brought the Korban Pesach in Egypt,** in the year of the Exodus, and the way it was brought in later generations is that the Passover offering in Egypt was performed in individual private homes, whereas later Passover offerings were all brought in the Holy Temple in Jerusalem.

When Moshe Rabbeinu instructed the Jewish people in Egypt to take “a lamb for each household” it meant literally that the sacrifice was to be performed *in their homes*. Indeed, on the first Pesach, the entire process of the offering—beginning with the slaughtering, continuing with placing of the blood upon the lintel and doorposts, and concluding with the eating of the Korban Pesach — all took place inside the home. However, with all Passover offerings brought subsequent to that first year, the entire process, except for the eating, took place in the Beit Hamikdash.

The surface explanation for this difference is that the first Passover offering took place before there was a Beit Hamikdash. Accordingly, since there was not yet a designated place where the Presence of G-d rested, neither the Mishkan nor the Beit Hamikdash, everyone could just bring the offering in his own home. Upon deeper analysis, however, there seems to be more to it. That is because the first Passover offering was not merely *allowed* to be performed at home... it was *required* to be performed at home. It couldn't be done anywhere else. Interestingly enough, if we examine the chapter in Shemot in which the Jews were initially commanded to bring the Korban Pesach, we find no less than twelve mentions of the word “home”, or variations thereof! Surely there's a deeper significance here.



**“The Jewish home is referred to as a “mikdash me’at” ; literally, a miniature sanctuary...”**

In short, we'd like to understand the significance of the first Passover offering being *required* to be performed at home, unlike all the other Passover offerings that were performed -- and which will soon be performed again with the rebuilding of the Temple speedily and in our days.

No doubt, this question has a great deal of relevance to the extraordinary circumstances which we are currently experiencing, when *Pikuach Nefesh*, the paramount Mitzvah of preservation of life, is requiring us to move our prayers -- our personal daily offerings -- from the Shul, which is our present-day Sanctuary or Beit Hamikdash -- into our homes, very much similar to the first Pesach offering which had to be done at home.

Let's examine this more directly. We know which is holier, the Beit Hamikdash or the home; the synagogue or the home. Clearly, the Beit Hamikdash or the synagogue is holier. There are scores of halachic restrictions that support that. The deeper question is, however, which is more *important*? And that's a very profound question...

The Jewish home is referred to as a “mikdash me’at” ; literally, a miniature sanctuary, or a Beit Hamikdash in microcosm. So we have the “Big Temple” in Jerusalem (or at the synagogue) and the “Small Temple” in each and every one of our homes.

The Big Temple that King Solomon built was a beautiful, ornately designed structure, but its purpose was not for its own grandeur but for the effect it had on the outside world. That is why, our sages explain, the windows in the Holy Temple were built “*shkufim atumim*”—meaning narrow on the inside and wide on the outside.

# Letter From the רבנים אחראים

In the days before electric lighting, windows were designed to maximize the amount of sunlight entering the home. Thus, in a home with thick walls, the windows were designed to be wider on the inside. In the Holy Temple, however, the design was reversed. This seemingly minor detail captures the underlying mission of the Beit Hamikdash. The Temple was not built to bring light *into* the Temple, but to radiate the spiritual glow of the Temple *outward*. The Holy Temple, as well as the contemporary Shul, are meant to enable Judaism to be lived and practiced in each and every individual place *outside* of the Beit Hamikdash... In other words, in the individual homes where the Jewish people live their daily lives together with their families.



the get-go, even before we received the Torah or built the Temple.

What this means for each of us, particularly during this year with our quarantined lifestyle, is that we are given an unprecedented opportunity to refocus our attention inwardly, on the importance of our homes and our families. That we realize that the goal of Yiddishkeit is not only what we do in synagogue but more so what we take *from* the synagogue and implement *in* our homes and with the members of our families.

Our heartfelt wishes to each of you for good health and for a safe Yom Tov season. May Hashem shower upon us his abundant blessings and protection.

Let's now go back to our original question. Why was the first ever Passover offering not merely *allowed* to be performed at home but *required* to be done there? The answer is now very clear.

Just as He redeemed us from our Galus in Egyptian bondage, so shall he very soon redeem us from our current Coronavirus Galus and from our general state of Galus with the coming of Moshiach without delay!

The first Passover offering sent a *message* about what would become our ultimate mission later on when we *did* have a physical place that was holy. The message was that the *source* of holiness in the world would be the Temple. But the *goal* of that holiness would be the home. And that point was made clear to us from

A happy, HEALTHY and Kosher Pesach to one and all!

**RABBANIM ACHRAIM**  
**Rabbi Menachem Greenblatt**  
**Rabbi Yosef Landa**



These notes are compiled from Rabbi Greenblatt's annual lecture to women as a guide to properly kasher for Pesach. Any questions on these halachos should please be directed to Rabbi Greenblatt.

## I. Cleaning for Pesach:

- As an overall rule: Pesach cleaning ≠ spring cleaning! You can take this as an opportunity to clean your house/garage/car thoroughly, but that's not the point. For instance, dusting, weeding out your closets, etc. are not part of cleaning for Pesach, per se.
- Clothing: If you never put *chametz* in your pockets, then you do not have to go through cleaning them. But, since most all of us will put candy, etc. in our pockets at some time during the year, then you must go through to make sure that it's not there anymore.
- Books: If you want to use them at the table that you are eating on Pesach, then you should clean them out. This is because if you have even the smallest crumb in a book, and then bring it to the table and it mixes with your Pesach food, you may have rendered your food and dishes *trief*. You should not use *benchers* that you normally use during the year on Pesach. Put them away with the rest of the *chametz* stuff that you are going to sell.
- Pets: One cannot feed their pets *chametz* food, because if you own the pet and the pet benefits from the food, then you benefit from the food.
- School projects: One does not need to get rid of the cute noodle projects since the *chometz* on them is rendered inedible.
- Toys for outside only: These do not need to be thoroughly cleaned. A simple inspection will suffice.
- Anything truly beyond one's reach does not need to be cleaned. For instance, if there is a space between your



countertop in the kitchen and your fixed stove, then you do not need to try to squeeze between there or move the stove to clean that space. But, movable appliances (like many refrigerators) should be moved in order to clean behind and around them. A good rule of thumb is that if you do not move a piece of furniture during the year (i.e. a big dresser) then you do not need to move it to clean for Pesach.

- Small kitchen appliances (i.e. toasters, bread makers) that one is not going to use on Pesach do not need to be cleaned. Just put them away with the things that will be sold.
  - Stains (like on books or clothing) are not a problem.

## II. Kashering the Kitchen:

- Materials that can be *kasher*ed include metal, wood, natural stone and natural rubber.
- Materials that cannot be *kasher*ed include earthenware (ceramics), plastic, other synthetics.
- Regarding glass vessels, there is a possibility for them to be *kasher*ed with a special method called *milui v'irui*. It involves soaking the glass for 24 hours, three times. If one needs to do this, consult your Rav.
- The way to *kasher* something is dependent on the way in which it is used. In general, there are three ways to *kasher* items listed above.
  - o *Hagalah* (via boiling water)
  - o *Libun Kal* (dry heat which is hot enough to singe straw)
  - o *Libun Gamur* (dry heat which is glowing hot)
- In general, before anything can be *kasher*ed (as delineated below), it should be thoroughly cleaned and then left unused for 24 hours. For things that cannot be totally cleaned and will always have a bit of grime left over, one should use a caustic or ammonia-containing cleanser. The reason for this is that these cleansers render the grime that is left over *batul* (void and totally unfit to be eaten).
- When one *kashers* vessels by method of *hagalah* it can be

# Cleaning For Passover

accomplished by one of the following methods:

- o Boil water in a tea kettle that you normally use during the year (after it has been cleaned).
- o Put the items that need to be *kasher* into a pot of boiling water. One should ideally use a Pesach pot for this purpose. But, one can also use a pot from year-round use that has been cleaned well and has not been used for the past 24 hours. The *minhag* is to *re-kasher* the pot if you used a Pesach pot to *kasher* the utensils.

- Refrigerator: Since there are no hot foods in the fridge, there is no need to *kasher* it. All one needs to do is clean it thoroughly and empty it of any *chametz* (or separate the *chametz* items and cover them away). One does not need to line the shelves with anything. If it is your tradition to cover the shelves, you should punch holes in the covering so that the air can circulate through the fridge.

- Tables & Countertops: If they are made of synthetic materials, there is no way to *kasher* them for Pesach and they should be covered with any material that prevents liquid or heat from seeping through (i.e. plywood, plexiglass, contact paper etc.). If they are made of natural granite or stainless steel, you can *kasher* them by *hagalah* (pouring boiling water over the area).

- Sinks: Stainless steel sinks can be *kasher*ed by *hagalah*. They should be thoroughly cleaned but can be used for the next 24 hours before the *kashering*, if one only uses cold water. The boiling water needs to be poured over the entire sink, as well as the faucet and handles.

- Garbage disposal: clean by pouring down bleach and boiling water.

- Spray nozzle from the kitchen sink: These are very difficult to clean and *kasher*, secondary to the small holes. The best thing is to buy a new one at a place like Home Depot. They cost a

few dollars.

- Oven:

- o If self-cleaning: These are *kasher*ed by *libun*. One should first remove any actual pieces of *chametz*, then let it run through a self-cleaning cycle. This *kasher*s the oven as well as the racks inside. One does not need to wait 24 hours before *kashering* a self-cleaning oven.

- o If not self-cleaning: Clean it very well with a caustic cleaner, then put it on the highest temperature setting

(550°F or broil) for 1.5 hours. Ideally, one should put a disposable aluminum pan with water in the oven during the last half-hour so that the steam can also *kasher* it (by *hagalah*).

- Stove:

- o If gas: Clean all the components (drip pans, grates and caps) very well, and then place them in the oven while you are *kashering* the oven. Alternatively, you can put pans of water over the burners and then turn them on high for about 20-30 minutes. This will spread the flame and *kasher*

the burner grate. If one has a self-cleaning oven, beware of putting the components inside, since the heat from the self-cleaning cycle may ruin their enamel finish. Instead, apart from *kashering* the oven, one can put it on 550°F (like the regular oven) and then put the stove components inside for *kashering*. Note, if you don't *kasher* the drip pans, then they should be covered with foil or purchase new ones for Pesach.

- o If electric: Clean and then turn it on to the highest setting and let it become red-hot for a few minutes.

- o Stovetop: Should be cleaned very well, and then covered with a double layer of foil.

- o Stove knobs: Clean very well, does not need to be covered.



# Cleaning For Passover

- o Exhaust fan above: Clean with a caustic/ammonia cleaner
- o Vents that come up to the stove that is on top of an oven: Clean with a caustic/ammonia cleaner.
- Utensils: Metal ones that are used during the rest of the year can be *kasher*ed by *hagalah* after you clean them well and don't use them for 24 hours. This is not true for knives because of the handle/blade interface.
- Freezer Ice Maker: Clean it well, as one tends to put their *schmutzy* hands in there all year round.
- Microwave: They are harder to *kasher* for Pesach. Either do without it (since you only have 3-4 days between the Yom Tovim to use it anyway) or buy a new one for your Pesach investments.
- Urn for hot water: These are very hard to *kasher* for Pesach

since the steam from the hot drinks, made under the spigot during the year comes up into the spigot. Either get a new one or ask your Rav specifically about this.

- Dishwasher: Since there are many plastic components contained within, it cannot be *kasher*ed for Pesach.
- Tablecloths: Wash them in hot water with detergent, they can then be used on Pesach.

### III. Miscellaneous:

- One should preferably buy all the eggs they will need for Pesach before the holiday starts.
- Beware of things that have powder coatings (i.e. gloves for washing dishes). This powder is often made from a corn base and is problematic for



# Passover Schedule 2020

## Tuesday Night, April 7 Bedikas Chametz

On Thursday night after 8:15 PM, one should immediately perform Bedikas Chametz (Search for Leaven). The Beracha and Kol Chamira are recited.

## Wednesday, April 8 Taanis Bechorim

*(Fast of the Firstborn)*

Chometz may not be eaten after 10:29 am, according to the Magen Avraham, or after 10:53 AM according to the Gra.

## Wednesday, April 8 Biur Chametz

*(Burning of the Chametz),*

Sale and Nullification of Chametz (Bitul) must be completed by 11:46 AM, according to the Magen Avraham, or by 11:58 AM, according to the Gra.

## Wednesday, April 8 Eruv Tavshilin

### 1st Night of Passover Shabbos

Candle lighting time for the 1st Night of Passover is 7:13 PM

## Thursday, April 9 2nd Night of Passover

Candle lighting is not before 8:17 PM.

The Beracha of "She'hecheyanu" is recited with the candle lighting on the first and second nights only.

## Chatzos (Midnight)

for the first two nights of Passover is 1:02 AM.

## Tuesday, April 14 7th Night of Passover

Candle lighting time is 7:18 PM.

## Wednesday, April 15 8th night of Passover

Candle lighting time is NOT BEFORE 8:23 PM.

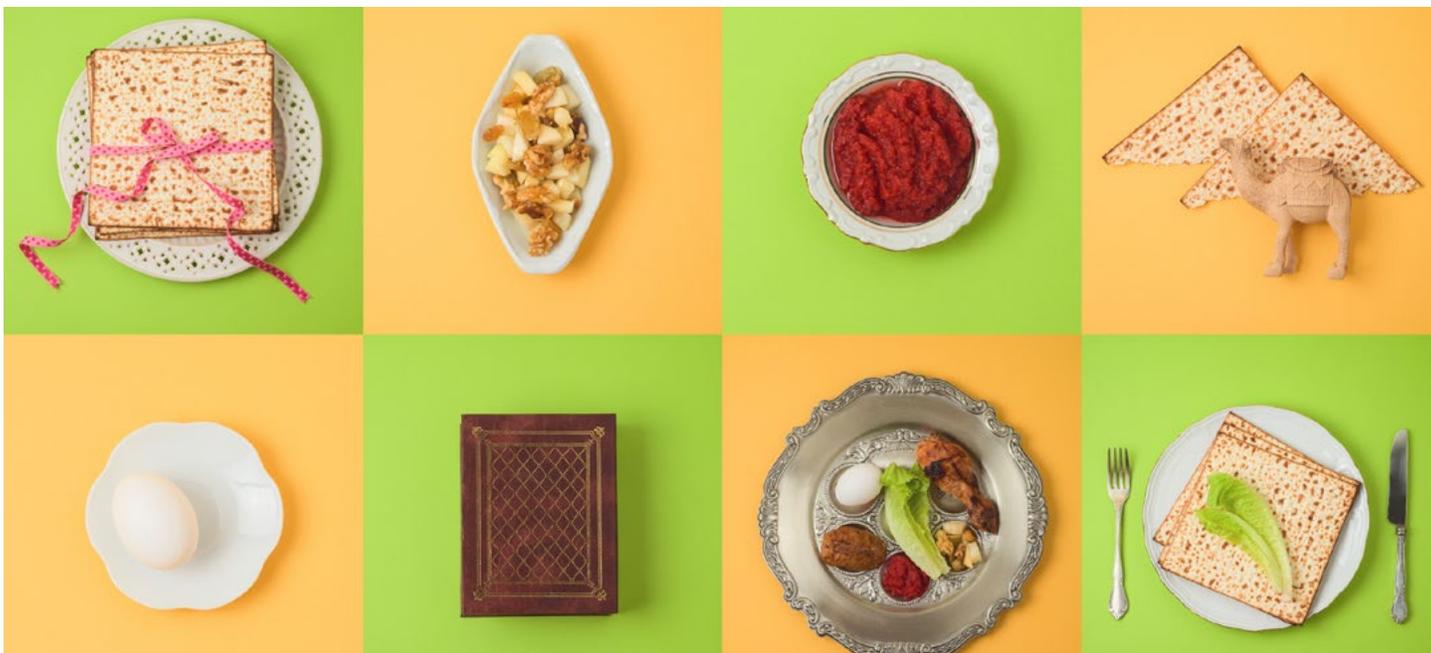
## Thursday, April 16

Yizkor is said on the 8th Day of Passover.

## Thursday, April 16 Passover ends

With nightfall at, at 8:24 PM.

**Note: Those who sold their Chametz through their Rav should allow at least 30 minutes at the end of Passover, for the Rav to buy the Chametz back.**



## **The Rabbi Sholom Rivkin Tzedakah/ Merle Hartstein Maos Chitim Fund**

Please consider making a gift to The Rabbi Sholom Rivkin Tzedakah/Merle Hartstein Maos Chitim Campaign. These funds provide many families in our community with assistance for Passover and during the year. Your donation would be greatly appreciated. Please make your checks payable to Maos Chitim and send to Vaad Hoer 8630 Delmar Blvd. Suite 240 St. Louis, MO 63124. Credit/Debit Cards donations also can be made online by going to [www.stlmaoschitim.com](http://www.stlmaoschitim.com)

## **Hag'olas Kalim - Kashering utensils for Passover**

Kashering utensils for Passover use will take place, G-d willing, **Sunday April 5th at Torah Prep's Girl School (8659 Olive Blvd.) from 10am - 5pm** There will Rabbanim on site to answer any koshering questions. Please only bring items necessary for Pesach. We will not kasher plastic items, frying pans, sheet trays or items with small holes or spouts.

## **Kelim Mikvah**

The Keilim Mikvah on TICK's campus (14550 Ladue Rd, Chesterfield, MO 63017) will be available for use Sunday-Thursday 10am - 4:30pm and on Friday from 9:30am - 2pm. TICK's office is 314 469-7060 to call for any questions.

## **Shatnes Testing**

The Vaad Hoer Shatnes Center in Memory of Barbara Mendelson is located at the home of Hillel Anton, 915 Dalkeith Lane in University City. Garments to be checked should be dropped off before Shabbos. Hillel routinely checks the garments on Motzei Shabbos and they are available for pick up on Sundays. Please call 314-997-4416 prior to dropping off and picking up to make sure someone is home.



## **Items Produced Locally for Pesach under OK certification:**

**DRIED FRUIT:** Available at Mound City when bearing Kosher for Passover certification.

### **MILK (Fresh):**

**Schnucks:** Prairie Farms, all types of white milk in plastic gallon and ½ gallon jugs, when bearing a “**KP-20**” as part of the date code. **This milk is not Cholov Yisroel, but uses Passover certified vitamins.**

**Dierbergs:** Dean's skim, 1%, 2% and whole white milk in ½ gallon plastic jugs when bearing a “**P**” after the code date.

**This milk is not Cholov Yisroel, but uses Passover certified vitamins.**

**MILK (Fresh- Cholov Yisroel):** Fresh & Tasty brand available at Schnucks - Ladue Crossing when bearing “**KLP**” on the label.

### **NUTS (RAW):**

**Mound City:** when bearing the OV Kosher for Passover sticker.

### **PREPARED FOODS:**

**Simon Kohn's:** Kishka, Knishes, Kugels, Packaged Dinners, Complete Prepared Dinners, Sponge Cakes, Macaroons and Passover Rolls.

## Quick Web Links for Pesach Certification Lists:

For a complete list of all OU products that DO NOT require special Passover certification

[CLICK HERE](#)

For a list of Star-K “Quick Pick” Medicine List certified products that are acceptable for Passover

[CLICK HERE](#)

For the Star-K “Quick Pick” Personal Care List certified products that are acceptable for Passover

[CLICK HERE](#)

For the Star-K 2020 Pet Food acceptable for Passover list:

[CLICK HERE](#)

## The Shopping Guide: An Important Reminder

As a reminder to the public to be aware that just because a product is found in the “Kosher for Passover” section of a supermarket, does not necessarily mean it is Kosher for Passover. Most food products require special certification for Passover. Look for a “P” designation next to the kosher symbol, or specific “Kosher L’Pesach” mention made on the product. Since there are some products on the market that say “Kosher for Passover,” **but contain kitniyos** (such as peanuts, beans, peas, similar items from the legume family, corn, bean sprouts, alfalfa sprouts, green beans, mustard, and



foods derived from these) or other problematic ingredients, we recommend that consumers use accepted national certifications such as the OV, OU, OK, Kof-K, cRc, Star-K, etc. It is very important to check every label. Local St. Louis supermarkets do not consult the Vaad regarding Passover products. Often they do not even separate Kosher for Passover from Non-Kosher for Passover items. Only Simon Kohn’s are under Vaad Hoeir supervision.

Please do not hesitate to call the Vaad office with any questions, especially if you are in doubt.

## Please Note:

The following is a Halachic statement released by the cRc regarding medicine, cosmetics and toiletries for Pesach. The Rabbanim Achrayim of the Vaad Hoeir have adopted the Pesach policy regarding medicines, cosmetics and toiletries as outlined in the statement of the Chicago Rabbinical Council.

### Chicago Rabbinical Council

2701 West Howard Street  
Chicago, IL 60645  
(773) 465-3900  
www.crcweb.org

Rabbi Sholem Y. Fishbane  
Kashruth Administrator



פסח תש"פ / Pesach 2020

#### MEDICINES, COSMETICS & TOILETRIES FOR PESACH

This letter refers to *Pesach*-specific concerns; Please consult your Rabbi regarding the use of medicines, cosmetics, and toiletries on *Shabbos* or *Yom Tov*.

#### MEDICINES

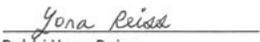
- All pill or non-chewable tablet medication— with or without *chametz* – that one swallows is permitted. [Candy-coated pills are an exception to this rule, but they are quite uncommon]. Vitamins and food supplements do not necessarily fall into this category, and each person should consult with their Rabbi.
  - Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill.
- Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**
- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill. An otherwise healthy person, who would like to consume a liquid or chewable medicine to relieve a minor discomfort, should only do so if the product is known to be free of *kitnios*.

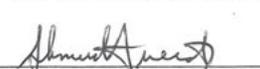
#### COSMETICS & TOILETRIES

- All varieties of blush, body soap, conditioners, creams, eye shadow, eyeliner, foundations, ink, lotions, mascara, nail polish, ointments, paint, shampoo, and stick deodorant are permitted for use on *Pesach* – regardless of the ingredients contained within them.
- Many varieties of cologne, liquid deodorants, hairspray, mousse, perfume, shaving lotion, sunscreen, and wipes contain denatured alcohol, and therefore should only be used on *Pesach* if they do not contain alcohol or the alcohol is known to be free of *chametz*. Such products manufactured in the United States may be used, regardless of whether the ingredient list includes denatured alcohol.
- Lipstick, mouthwash and toothpaste which contain *chametz* should not be used.

  
Rabbi Gedalia Dov Schwartz  
Rosh Beis Din, Chicago Rabbinical Council

  
Rabbi Dovid Zucker  
Rosh Kollel, Chicago Community Kollel

  
Rabbi Yona Reiss  
Av Beis Din, Chicago Rabbinical Council

  
Rabbi Shmuel Fuerst  
Dayan, Agudath Israel of Illinois

## A Note of Caution:

Labels bearing the inscription “Kosher For Passover” can be produced by any printer. The presence of such a label does not guarantee that the product to which it is affixed is therefore truly Kosher for Passover. For a product to be considered Kosher for Passover, it must bear the endorsement of an authoritative Rabbi or Rabbinic group. This especially applies to companies producing meat products for Passover use. Since we update our information as close to Passover as possible, information included here is accurate as of the date of publication. Please feel free to check [www.crcweb.org](http://www.crcweb.org) or contact the Vaad Hoeir office (314) 569-2770 closer to Passover, since changes may have taken place after publication of this guide.

# Medicine & Cosmetics

## ALLERGY

- Allegra - Children's Suspension (Liquid)  
.....Possible Chametz
- Claritin - Children's Chewable (Chewable)  
.....Possible Chametz
- Signature Care - 24 Hour Children's Allergy Relief (Liquid)  
.....Possible Chametz
- Zyrtec - Children's Allergy Indoor & Outdoor Allergies  
(Liquid) .....Possible Chametz
- Zyrtec - Children's Dissolve Tabs (Tablet)  
.....Possible Chametz

## ANTACID / DIGESTION / GAS

- Align (Capsule)  
..... Recommended
- Alka Seltzer - Original Effervescent Tabs (Tablet)  
.....Possible Chametz
- Culturelle - Kids (Chewable)  
.....Possible Chametz
- Culturelle - Kids Packets Daily Probiotic (Powder)  
.....Possible Chametz
- Gas X - Extra Strength Cherry Crème (Chewable)  
.....Possible Chametz
- Gas-X - Extra Strength Chewables Cherry Crème (Chewable)  
.....Possible Chametz
- Gaviscon - Extra Strength Cherry (Chewable)  
.....Possible Chametz
- Gaviscon - Extra Strength Original (Chewable)  
.....Possible Chametz
- Imodium AD - (Liquid)  
..... Not Recommended  
(except in cases of severe diarrhea)
- Imodium AD - For Ages 6 & Up (Liquid)  
..... Not Recommended  
(except in cases of severe diarrhea)
- Imodium AD - Multi-symptom Relief Caplets (Caplet)  
..... Recommended
- Kaopectate - Max Peppermint (Liquid)  
.....Possible Chametz
- Kaopectate - Vanilla Regular Flavor (Liquid)  
.....Possible Chametz
- Mylicon - Infants Original Drops (Liquid)  
.....Possible Chametz

- Pepcid - Complete Berry Flavor (Chewable)  
..... Possible Chametz (dairy)
- Pepcid - Complete Cool Mint (Chewable)  
..... Possible Chametz (dairy)
- Pepto Bismol - 5 Symptom Relief (Caplet)  
..... Recommended
- Pepto Bismol - 5 Symptom Relief Cherry (Liquid)  
.....Possible Chametz
- Pepto Bismol - 5 Symptom Relief (Chewable)  
.....Possible Chametz
- Pepto Bismol - Children's Pepto Bubble Gum Flavor  
(Chewable) .....Possible Chametz
- Pepto Bismol - Ultra (Liquid)  
.....Possible Chametz
- Prilosec OTC - Wildberry Flavor - Non-Chewable (Tablet)  
..... Recommended
- Tums Assorted Varieties (Chewable)  
.....Possible Chametz

## BLUSH

All are recommended

## BODY SOAP

All are recommended

## COLOGNE

Only recommended if free of (denatured) alcohol or if manufactured in the United States

## COUGH, COLD & FLU

- Alka Seltzer - Plus Cold Effervescent Tabs (includes Night Cold Formula) (Tablet).....Possible Chametz
- Alka Seltzer - Plus Severe Cold & Flu Formula (Effervescent Tablet) .....Possible Chametz
- Delsym - 12 Hour Cough Relief - Orange Flavor (Liquid)  
.....Possible Chametz
- Delsym - Children's 12 Hour Cough (Liquid)  
.....Possible Chametz
- Little Remedies - Honey Cough Syrup (Liquid)  
..... Possible Chametz
- Mucinex - Cough Mini-Melts for Kids (Dissolving Granules)  
.....Possible Chametz
- Theraflu - Multi-Symptom Severe Cold (Packet)  
.....Possible Chametz

## COUGH, COLD & FLU *continued*

Thera-Flu - Nighttime Severe Cold and Cough (Powder)	.....Possible Chametz
Triaminic - Children's Nighttime Cold and Cough (Liquid)	.....Not Recommended
Triaminic - Day Time Cold and Cough (Liquid)	..... Not Recommended
Vick's - DayQuil Cough (Liquid)	..... Possible Chametz
Vicks - Nyquil Cough (Liquid)	..... Possible Chametz
Vicks - Nyquil Liquid Cold and Flu (Liquid)	.....Possible Chametz
Zarbee's - Children's Nighttime Cough Syrup (Liquid)	.....Possible Chametz
Zarbee's - Naturals Children's Cough Syrup (Liquid)	.....Possible Chametz
Zicam - Cold Remedy RapidMelts (Tablet)	.....Possible Chametz
Zicam - RapidMelts Ultra (Tablet)	.....Possible Chametz

## CREAMS

All are recommended

## DEODORANT

Gel	.....All are recommended
Liquid	..... Recommended if free of (denatured) alcohol or if manufactured in the United States
Spray	..... Recommended if free of (denatured) alcohol or if manufactured in the United States

## FIBER SUPPLEMENTS

see *Laxatives*

## FEVER REDUCER / PAIN RELIEF

CVS - Adult Pain Reliever - NOT dye free (Liquid)	.....Possible Chametz
	*Check with doctor for children's dosage
Midol Complete (Caplet)	..... Recommended
Signature Care - Junior Strength Ibuprofen (Chewable)	..... Recommended
Tylenol - Children's Chewables (Chewable)	.....Possible Chametz

Tylenol - Children's Dissolve Packs (Powder)	.....Possible Chametz
Walgreens - Adult Pain Reliever - NOT dye free (Liquid)	.....Possible Chametz
	*Check with doctor for children's dosage
Walgreens - Junior Strength Ibuprofen 100 Chewable Tablets (Chewable)	..... Recommended

## GAS

see *Antacid/Digestion/Gas*

## HAIRSPRAY AND MOUSSE

Recommended if free of (denatured) alcohol or if manufactured in the United States

## INDIGESTION

see *Antacid/Digestion/Gas*

## LAXATIVES / FIBER SUPPLEMENTS

Benefiber - Powder (Powder)	..... Chametz, Not Recommended
Benefiber - Stick Packs (Powder)	..... Chametz, Not Recommended
Citrucel (Caplet)	..... Recommended
Dulcolax - Overnight Relief (Tablet)	..... Recommended
Dulcolax (Suppository)	..... Recommended
Epsom Salt (pure) - Generic or Branded versions (Powder)	..... Recommended
Ex-Lax (Tablet)	..... Recommended
Fibercon (Caplet)	..... Recommended
Metamucil - 4 in 1 Fiber with Real Sugar Unflavored (Powder)	..... Recommended
Miralax (Powder)	..... Recommended
Pedia-Lax (Suppository)	..... Recommended
Peri-Colase (Tablet)	..... Recommended
Phillips Milk of Magnesia (Caplet)	..... Recommended

**LAXATIVES / FIBER SUPPLEMENTS** *continued*

Phillips Milk of Magnesia - Unflavored (Liquid)	Recommended
Prunelax Ciruelax (Tablet)	Recommended
Senokot (Tablets)	Recommended
Senokot-S (Tablet)	Recommended
Walgreens - Mineral Oil (Liquid)	Recommended

**LIPSTICK**

See new lipstick feature - details on page 75

**ALMAY**

Goddess Gloss	Recommended
Lip Vibes Lipstick	Recommended
Smart Shade Butter Kiss Lipstick	Recommended

**BARE MINERALS**

Barepro Longwear Lipstick Slim Matte Lipstick	Recommended
Gen Nude Matte Liquid Lipstick	Recommended
Gen Nude Radiant Lipstick	Recommended
Statement Matte Liquid Lipstick	Recommended

**BOBBI BROWN**

Crushed Lip Color	Recommended
Crushed Liquid Lip	Recommended
Lip Color	Recommended
Luxe Lip Color	Recommended
Luxe Liquid Lip Velvet Matte	Recommended
Luxe Matte Lip Color	Recommended

Luxe Shine Intense Lipstick	Recommended
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**CHANEL**

Rouge Allure Ink Fusion Beige Naturel Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Ink Fusion Berry Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Ink Fusion Mauvy Nude Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Ink Fusion Pink Brown Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Ink Fusion Vibrant Pink Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Rouge Délicieux Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Magnifique Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Majestueux Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Noble Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Spectaculaire Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Splendide Luminous Intense Lip Colour	Recommended
Rouge Allure Velvet Extrême Éternel Intense Matte Lip Colour	Recommended
Rouge Allure Velvet Extrême Extrême Intense Matte Lip Colour	Recommended
Rouge Allure Velvet Extrême Impressive Intense Matte Lip Colour	Recommended
Rouge Allure Velvet Extrême Muted Fuchsia Intense Matte Lip Colour	Recommended
Rouge Coco Flash Bohème Hydrating Vibrant Shine Lip Colour	Recommended
Rouge Coco Flash Désir Hydrating Vibrant Shine Lip Colour	Recommended

**CLINIQUE**

Almost Lipstick	Recommended
Clinique Pop Glaze Sheer Lip Colour + Primer	Not Recommended

# Medicine & Cosmetics

**LIPSTICK (CLINIQUE) continued**

Clinique Pop Lacquer Lip Colour + Primer  
..... Recommended

Clinique Pop Lip Colour + Primer  
..... Not Recommended

Clinique Pop Matte Lip Colour + Primer  
..... Recommended

Dramatically Different Lipstick Shaping Lip Colour  
..... Recommended

Dramatically Different Lipstick Shaping Lip Colour  
..... Recommended

**DIOR**

Addict Lacquer Stick  
..... Recommended

Addict Stellar Shine  
..... Recommended

Rouge Dior  
..... Recommended

Rouge Dior Liquid  
..... Recommended

Rouge Dior Ultra Care  
..... Recommended

Rouge Dior Ultra Care Liquid  
..... Recommended

**ELF**

Beauty Shield Lipstick  
..... Recommended

Day to Night Lipstick Duo  
..... Recommended

Essential Lipstick  
..... Recommended

Lip Balm Tint  
..... Recommended

Lip Definer & Shaper  
..... Recommended

Lip Exfoliator  
..... Recommended

Lip Kiss Balm  
..... Recommended

Lip Lacquer  
..... Recommended

Lip Liner  
..... Recommended

Lip Lock Crayon  
..... Recommended

Lip Plumping Gloss  
..... Recommended

Lock On Lip Primer  
..... Recommended

Luscious Liquid Lipstick  
..... Recommended

Matte Lip Color  
..... Recommended

Moisturizing Lipstick  
..... Recommended

Pout Perfecter Glow  
..... Recommended

Radiant Gel Lip Stain  
..... Recommended

Sheer Matte Liquid Lipstick  
..... Recommended

Tinted Lip Oil  
..... Recommended

Velvet Matte Lipstick  
..... Recommended

**ESTEE LAUDER**

Pure Color Envy Hi-Lustre Light Sculpting Lipstick  
..... Not Recommended

Pure Color Envy Metallic Matte Sculpting Lipstick  
..... Recommended

Pure Color Envy Sculpting Lipstick  
..... Not Recommended

Pure Color Envy Sheer Matte Sculpting Lipstick  
..... Not Recommended

Pure Color Love Lipstick  
..... Recommended

**GIORGIO ARMANI**

Lip Magnet Liquid Lipstick  
..... Possible Chametz

Rouge D'Armani Matte Lipstick  
..... Recommended

**L'OREAL**

Colour Riche Shine Lipstick  
..... Recommended

# Medicine & Cosmetics

**LIPSTICK (L'OREAL) continued**

- Colour Riche La Lacque Lip Pen  
..... Recommended
- Colour Riche Lipcolour  
..... Recommended
- Colour Riche Matte Lipstick  
..... Recommended
- Colour Riche Plump & Shine Sheer Lipstick  
..... Possible Chametz
- Infallible Pro-Matte Liquid Lipstick  
..... Recommended
- Rouge Signature Lasting Matte Liquid Lipstick  
..... Possible Chametz

**LANCÔME**

- Color Design  
..... Recommended
- Color Design Nude Lip Set  
..... Recommended
- Color Design Red Lip Set  
..... Recommended
- L'Absolu Lacquer Gloss  
..... Possible Chametz
- L'Absolu Lacquer X Chiara Ferragni  
..... Possible Chametz
- L'Absolu Lacquer X Chiara Ferragni  
..... Recommended
- L'Absolu Rouge Holiday Edition  
..... Recommended
- L'Absolu Rouge Hydrating Lipstick  
..... Recommended
- L'Absolu Rouge Ruby Cream Lipstick  
..... Recommended

**MARC JACOBS BEAUTY**

- Enamored Dazzling Gloss Lip Lacquer  
..... Recommended
- Enamored Hi-Shine Lip Lacquer Lipgloss  
..... Recommended
- Enamored Hydrating Lip Gloss Stick  
..... Recommended
- Le Marc Lip Crème Lipstick  
..... Recommended
- Poutliner Longwear Lip Liner Pencil  
..... Recommended

**MAYBELLINE**

- Lip Studio Electric Shine Prismatic Lip Gloss Makeup  
..... Recommended
- Lip Studio Glitter Fix Glitter Lip Gloss Makeup  
..... Recommended
- Superstay Ink Crayon Lipstick Matte Longwear Lipstick  
Makeup ..... Recommended

**REVLON**

- Colorstay Ultimate Suede Lipstick  
..... Recommended
- HD Ultra Matte Lipcolor  
..... Recommended
- Matte Is Everything By Super Lustrous  
..... Recommended
- Super Lustrous Lipstick  
..... Recommended

**ULTA3**

- Lip Gloss  
..... Recommended
- Matte Lipstick  
..... Recommended
- Moisturizing Lipstick  
..... Recommended

**URBAN DECAY**

- Vice Lipstick 1993 Comfort Matte  
..... Recommended
- Vice Lipstick 69 Cream  
..... Recommended
- Vice Lipstick 714 Mega Matte  
..... Recommended
- Vice Lipstick Accident (Metallized)  
..... Recommended
- Vice Lipstick Brat (Sheer)  
..... Recommended
- Vice Lipstick Broken (Sheer Shimmer)  
..... Recommended
- Vice Lipstick Naked Heat Capsule Collection  
..... Recommended

**WET N WILD**

- Color Icon Lipliner  
..... Recommended

## LIPSTICK (WET N WILD) *continued*

Crystal Cavern Mega Glo Lip Gloss	Recommended
Fantasy Makers Megalast Liquid Catsuit High-Shine- Vampire's Juice Box	Recommended
Megalast Lip Color	Recommended
Megalast Liquid Catsuit Matte Lipstick	Recommended
Megalast Liquid Lip Color	Recommended
Megaslicks Lip Gloss	Recommended
Naked Protest Velvet Matte Lip Color	Recommended
Perfect Pout Jelly Balm	Recommended
Perfect Pout Lip Color	Recommended
Perfect Pout Ombre Lip Wand	Recommended
Silk Finish Lipstick	Recommended
Snowmelt Lip Powder	Recommended

## LOTIONS

All are recommended

## MASCARA

All are recommended

## MISCELLANEOUS

Asthma Inhalers, all types - (Liquid Vapor)	Recommended
Bayer - Low Dose Baby Aspirin Chewables (Chewable)	Possible Chametz
Bonine - Complete (Chewable)	Possible Chametz (dairy)
Chapstick - Classic Cherry, Strawberry, Spearmint	Recommended
Chapstick - Classic Original	Recommended
Culturelle - Digestive Health Women's Healthy Balance (Capsule)	Recommended

Dramamine (Chewable)	Possible Chametz
Ensure - Assorted Nutritional Supplements	See Nutritional Supplement Listings
Femcon - Fe (brown and white pills) (Chewable)	Possible Chametz (dairy)
Fixodent - Extra Hold (Powder)	Recommended
Fixodent - Original (Cream)	Recommended
Floss - Flavored	Possible Chametz
Floss - Unflavored, including waxed	Recommended
Kanka - Mouth Pain (Liquid)	Possible Chametz
Listerine PocketPaks - Assorted Varieties (Dissolving strip)	Not Recommended
NoDoz - Alertness Aid (Tablet)	Recommended
Polident - 3 Minute (Tablet)	Possible Chametz
Polident - Overnight Whitening (Tablet)	Possible Chametz
Polygrip - Free (Cream)	Recommended
Polygrip - Original (Cream)	Recommended
Probiotics (Powders, Liquids, Gecaps)	Need certification
Probiotics (Pills)	No certification needed
St. Joseph - 81mg Chewable Aspirin (Chewable)	Possible Chametz
Unisom - PM Pain SleepCap (Caplet)	Recommended
Unisom - SleepMelts (Meltaway)	Possible Chametz
Unisom - SleepTab (Tablet)	Recommended
Vicks - ZzzQuil (Liquid)	Possible Chametz
Vivarin (Tablet)	Recommended

# Medicine & Cosmetics

## MOUSSE

see Hairspray and Mousse

## MOUTHWASH

Only recommended if known to be *chametz*-free

Adwe - Mouthwash (Assorted Varieties)  
..... Recommended

## NAIL POLISH

All are recommended

## OINTMENTS

All are recommended

## PERFUME

Recommended if free of (denatured) alcohol  
or if manufactured in the United States

## SHAMPOO

All are recommended

## SHAVING CREAM

Cream  
.....All are recommended

Gels  
.....All are recommended

Liquid  
..... Recommended if free of (denatured) alcohol  
or if manufactured in the United States

Lotion  
.....All are recommended

## TOOTHPASTE

Only recommended if known to be *chametz*-free

## VITAMINS

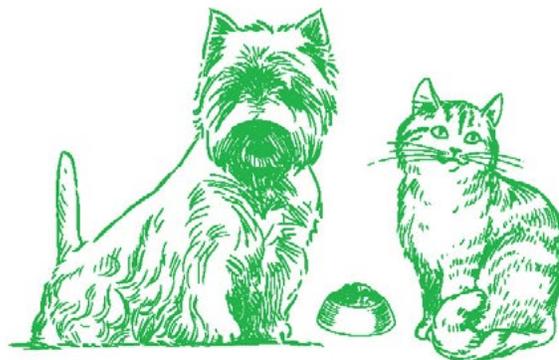
See Guidelines Above

## WIPES

Recommended if free of (denatured) alcohol or if  
manufactured in the United States



## PESACH FOODS FOR YOUR PETS



The only *kashrus* restriction for pet foods aside from the Pesach season is that a product listing both meat and dairy ingredients may not be used any time during the year. On Pesach, however, a Jewish person may not eat, own, or derive benefit from *chametz* which is fit for human or canine consumption. While *Ashkenazic* Jews have a custom to not eat *kitnios*, they may own and derive benefit from them. Owning *chametz* pet food to feed to an animal (even if the animal belongs to someone else or is ownerless), therefore, is a violation of the latter two of those restrictions. Although there are certain leniencies for foods that are not fit for human consumption, most modern-day pet food would not be in that category. Although the food may be raw or not prepared in a way that most people would entertain eating, that does not put it in the *halachic* category of *nifsal mei'achilas adam* – not fit for human consumption.

Just as it is prohibited for the owners to feed *chametz* to their pets, it is also forbidden to ask a non-Jew to feed *chametz* to the pets. If a pet absolutely needs to have a diet of *chametz* food, there is the possibility of selling the pet to a non-Jew for all of Pesach. However, such a sale is not permitted if it is clearly a ruse, such as when the *chametz* pet food is sold to the non-Jew together with the pet, for the explicit purpose of the non-Jewish purchaser coming to the Jewish pet owner's house during Pesach to feed the pet during Pesach (see *Mishna Berurah*, OC 448:33). Therefore, such a sale would generally require that the pet be transferred into the physical possession of the non-Jew during Pesach (or that the animal together with its living quarters, such as its barn, be transferred to the non-Jew), with the understanding that the non-Jew assumes the responsibility of feeding the pet during that time (*id.*). Because this arrangement is complicated, any such sale would require the careful supervision of an esteemed rabbinic authority in order to ensure that it is performed correctly.

### PETS ON SHABBOS AND YOM TOV

by Rabbi Yona Reiss

cRc Av Beth Din

Pets, like all animals, are generally viewed as *muktzeh*. There is a minority opinion that pets that are designated for play and amusement purposes are not *muktzeh* nowadays, but this is not the general consensus of most rabbinic authorities. Accordingly, one should be careful to avoid touching or handling pets on Shabbos and Yom Tov.

However, it is permissible and even proper to feed one's pets on Shabbos and Yom Tov. The *Gemara* derives from scriptural verses that people should feed their pets before partaking of food themselves. However, it is prohibited to feed animals that are not one's own on Shabbos and Yom Tov because of the excessive exertion that is involved (there is a special exception for stray dogs). For this reason, a number of rabbinic authorities were opposed to the practice of putting out bird food on *Shabbos Shira*, although some authorities were lenient especially if the food is not fed directly to the birds. Similarly, the practice of throwing breadcrumbs in the water for fish during *Tashlich* is considered inappropriate for the same reason.

Although it is permissible to feed one's pets on Yom Tov, it is forbidden to cook food on Yom Tov on behalf of animals, or to carry food on Yom Tov outside of an *Eruv* to feed one's pets. It goes without saying that one cannot carry food on Shabbos outside of an *Eruv* since on Shabbos one is not allowed to carry altogether without an *Eruv*.

# Passover Food for Pets

To aid pet owners, the cRc “certifies” certain varieties of pet food for Pesach, which means that we visit the factory to determine which formulas are *chametz*-free and free of *basar v’chalav* concerns, relieving the consumer of that responsibility. However, if no certified (or recommended) pet food is available, the consumer would have to carefully read the ingredient panel to determine whether a specific product contains any *chametz* (and many, in fact, do).

A complete list of possible pet food ingredients is beyond the scope of this guide; however, the following are a few pointers when reading the ingredient panel. If an ingredient does not appear in the following guidelines, it may still be *chametz* or *chametz*-sensitive.

1. In addition to checking for the five *chametz* grains – wheat, barley, rye, oats, and spelt – also look for brewer’s yeast (a common flavoring agent, which is *chametz*), malt (a barley-based sweetener), pasta, xanthan gum (a thickener which may be fermented from *chametz*), and other generic terms which may refer to a *chametz* ingredient (e.g. flour, gluten, middlings, starch, et al).
2. Many varieties of animal feed contain a multitude of vitamins, minerals, and amino acids, some of which may well be *chametz*, and there is no realistic way for a consumer to determine which of them are problematic. However, the good news is that vitamins comprise such a small percentage of the animal food that they are *batel*, if purchased before Pesach. Therefore, it is generally accepted that if the animal food was created before Pesach, it may be used on Pesach.
3. Some common ingredients used in pet food which do not pose a Pesach concern are:
  - a. Animal, poultry and fish products.
  - b. Vegetables, such as alfalfa, asparagus, beets, and carrots.
  - c. Assorted *kitnios* foods, such as buckwheat, corn products, lentils, millet, peas, rice, peanuts, sunflower seeds, and soy products.
  - d. Other items, such as barley grass, BHA, BHT, carrageenan, cellulose, colors, eggs, gums (other than xanthan gum), kelp, lactose, linseed, milk products, molasses, oils, psyllium, and whey.

By no means do these pointers cover all of the ingredients used in pet food, and we suggest that you contact a *kashrus* professional if you are unsure about any of the other ingredients in a given pet food.

Feed available at zoos is often *chametz* and should not be purchased or fed to the animals on Pesach. After Pesach, pet food with *chametz* may be purchased only from stores which

are non-Jewish owned (e.g. PetSmart, Petco) or Jewish owned and have sold their *chametz*.

**NOTE:** Anytime a new pet food will be used for Pesach, it is advisable to mix the year-round choice and the Pesach food together for one to two weeks before the holiday, before switching completely to Pesach food. The ratio of regular and Pesach food should be changed slowly to get the animal used to the new diet. This allows the pet to gradually get used to the new food and helps avoid painful digestive issues for the pet.

Some brands of pet food offer varieties which are composed of “limited ingredients” (sometimes referred to as L.I.D.). If your pet is currently on a prescription diet food which contains *chametz*, if you find an L.I.D. which is certified to be nutritionally complete for your pet and appropriate for its life stage (baby or adult), and if they do not contain ingredients to which your pet is allergic, this may be a good alternative for the short duration of Pesach. **Check with your veterinarian before changing any diet, particularly if your pet has issues with allergies or illnesses.**

The following is a list of pet foods approved for Pesach 2020. Make sure to check all labels. One may feed his pet any of the following items when bearing cRc:



## CATS:

**Evanger’s:** Beef Tips with Gravy; Chicken Dinner for Cats; Freeze-Dried Beef Liver; Freeze-Dried Beef Tripe; Freeze-Dried Wild Salmon; Organic Braised Chicken Dinner for Cats; Organic Turkey and Butternut Squash for Cats; Slow Cooked Beef Stew for Cats – Grain Free; Slow Cooked Chicken Stew for Cats – Grain Free; Slow Cooked Turkey Stew for Cats – Grain Free; Wild Salmon. There may be varieties of other name brand pet foods, such as Prescription Diet and Science Diet, which may be *chametz*-free. Consumers are urged to check all labels for *chametz* and/or *chametz*-sensitive ingredients as listed in the introductory paragraph above.



## DOGS:

**Evanger’s:** 100% Beef; 100% Buffalo; 100% Chicken; 100% Duck; 100% Organic Chicken; 100% Organic Turkey with Potatoes and Carrots; 100% Pheasant; 100% Sweet Potato; All Natural Beef Liver Chunks; Beef, Chicken, & Liver; Beef Chunks Dinner in Gravy; Beef Dinner; Beef with Chicken; Braised Beef Chunks with Gravy; Catch of the Day; Chicken Chunks Dinner in Gravy; Cooked Chicken: Duck and Sweet Potatoes Dinner; Freeze-Dried Beef Liver; Freeze-Dried Beef Tripe; Freeze-Dried Wild Salmon; Hunk of Beef; Lamb and Rice Dinner; Lamb Chunks Dinner in Gravy; Senior Dinner; Turkey Chunks Dinner in

# Passover Food for Pets

Gravy; Whole Chicken Thighs; Wild Salmon.

There may be varieties of other name brand pet foods, such as Prescription Diet and Science Diet, which may be *chametz*-free. Consumers are urged to check all labels for *chametz* and/or *chametz*-sensitive ingredients as listed in the introductory paragraph above.



## FISH:

Fish food, including pyramid feeders, and vacation blocks often have *chametz*. Goldfish and tropical fish can be given tubular worms, frozen brine shrimp, and freeze-dried worms (if they do not contain fillers).



## BIRDS:

**Finches, parakeets and cockatiels:** Millet and canary grass seed can be used as the main diet.

**Canaries:** Canary grass seed and rape seed are acceptable.

**Parrots:** Safflower seeds and sunflower seeds are acceptable.

Birds enjoy variety. You can provide this for larger birds, such as parrots, with pure alfalfa pellets (make sure it is pure alfalfa, since it is common to add grains). Smaller birds can also eat pure alfalfa pellets. For the latter, crush the pellets before feeding.

One may supplement with sliced grapes, berries, or canned baby fruits. All large food should be shredded before serving. These items should be given sparingly.

For minerals, birds can have oyster shells (calcium) or mineral block, such as Kaytee Tropical Fruit Mineral Block Treat.



## SMALL MAMMALS:

**Gerbils:** Millet, sunflower seeds, and safflower seeds are acceptable.

**Guinea Pigs, Rabbits, and Chinchillas:** Timothy hay, greens, and vegetables are acceptable; one may supplement with grapes, apples, melon, and oranges. If your pet is not accustomed to these items, give sparingly. Guinea pigs will especially benefit from kale, parsley, and oranges, in small amounts. Oranges will supply needed Vitamin C to their *Pesach* diet.

**Mice and rats:** Sunflower seeds, greens, vegetables, and potatoes are acceptable.

**Hamsters:** Sunflower seeds, potatoes, small amount of greens and vegetables are acceptable; one may supplement with grapes, apples, melon, and oranges. If your pet is not accustomed to these items, give sparingly.



## REPTILES AND AMPHIBIANS:

**Iguanas, Tortoises, and Turtles:** Greens and vegetables are acceptable; turtles can also have small amounts of raw chicken or cut-up earthworms.

**Anoles, Bearded Dragons, Small Lizards, Dart Frogs, and Tree Frogs:** Crickets are acceptable.

**Snakes:** If possible, schedule this as a non-feeding week.

**Dwarf Aquatic Frogs:** Tubifex worms or blackworms are acceptable.

**Newts:** Tubifex worms, bloodworms, or blackworms are acceptable.

Be aware that mealworms, which as living creatures are not *chametz*, are commonly sold in a bed of wheat flakes or oatmeal, which is *chametz* and, therefore, may not be owned or used on *Pesach*.

Live crickets should be gut-fed on bits of potato and vegetable 24 hours before feeding to lizards, to enhance their nutrition for the lizard. Whole insects (live or dead) with no additives or other ingredients are permissible. ▲

*We are grateful to Esther-Bayla Goldhammer for her assistance in researching pet foods.*



# Shopping Guide



Recommendations are for items produced in the United States

This list of products is marked as follows:

- ✓ **Acceptable without Pesach Certification**  
 Food items in this section should preferably be purchased before Pesach
- ▲ **Must bear reliable Pesach Certification**
- ✘ **Not acceptable for Pesach**  
 Sephardim should contact their local Sephardic rabbi regarding issues of kitnios

Product	Status	Notes
Adhesive bandages	✓	
Air freshener	✓	
Alcohol		For drinking ▲ Denatured ✓ Isopropyl alcohol ✓
Alfalfa	✘	Kitnios
Aluminum products	✓	Includes aluminum foil and pans
Amaranth	▲	Amaranth is not kitnios but requires certification to be sure no other grains are mixed in
Ammonia	✓	
Anise	✘	Kitnios
Antacid (chewable)	▲	
Apple juice	▲	Concentrate also requires Pesach certification
Apple sauce	▲	
Aspartame	▲	
Baby carrots		Raw are acceptable if they contain no additives Canned, cooked or frozen ▲
Baby food	▲	Includes jarred or canned
Baby formula		See nutritional supplement pages When acceptable, bottles should be filled and cleaned separately from Pesach dishes since formula is kitnios
Baby oil	✓	
Baby powder		Acceptable if it only contains talc, talcum powder, corn starch, or other innocuous ingredients
Baby wipes	✓	
Bags	✓	
Baking powder	▲	
Baking soda	✓	
Balloons		if powdered, wash before Pesach
Band-aids	✓	
Beans	✘	Kitnios

Product	Status	Notes
Bean sprouts	✘	Kitnios
Benefiber	✘	Chametz
Beverages	▲	
Bicarbonate of soda	✓	
Bird food		See pet food pages
Bleach	✓	
Bleach wipes	✓	
Blush	✓	
Body wash	✓	
Braces	✓	Wax for braces is also acceptable; wash rubber bands before placing in mouth
Brewer's yeast	✘	Chametz
Brown sugar	▲	
Buckwheat	✘	Kitnios
Buckwheat pillow	✓	One may own and derive benefit from kitnios
Butter	▲	
Candles	✓	Scented are also acceptable
Candy	▲	
Canned fruits or vegetables	▲	
Canola oil	✘	Kitnios
Caraway	✘	Kitnios
Carrots		Raw (including baby carrots) are acceptable if additive-free Canned, cooked or frozen ▲
Cat food		See pet food pages
CBD Oil	✘	Kitnios
Charcoal	✓	Includes "plain", easy-light, apple, hickory, and mesquite
Cheese	▲	
Cheese spreads	▲	
Chewable pills		See medicine letter (page 3)

# Shopping Guide

Product	Status	Notes
Chewing tobacco	▲	Contains flavors and other sensitive ingredients
Chickpeas	×	Kitnios
Cloves		Some have a custom not to use cloves for Pesach
Cocoa powder		Acceptable if 100% pure and not processed in Europe. Hershey's is acceptable except for Special Dark
Coconut (shredded)		Sweetened or flavored ▲ Unsweetened & unflavored ✓
Coffee	▲	Beans which are plain, unflavored, and not decaffeinated do not require certification, but the grinder must be clean Instant, flavored or decaffeinated coffee requires certification K-cups require certification
Coffee filters	✓	
Coffee whitener	▲	
Cologne		See medicine and cosmetic pages
Colonoscopy drink		See medicine and cosmetic pages
Confectioners' sugar	▲	
Contact lens solution	✓	
Contact paper	✓	
Cooking oil spray	▲	
Cooking wine	▲	
Coriander seeds	×	Kitnios
Corn & corn products (e.g. corn oil, corn syrup)	×	Kitnios
Corn remover	✓	
Cosmetics		See medicine and cosmetic pages
Creams (cosmetics)	✓	
Crock pot liner	✓	
Cumin	×	Kitnios
Cutlery (plastic)	✓	
Dates	▲	Glaze may be problematic
Decaffeinated coffee or tea	▲	Lipton decaffeinated tea bags are acceptable without certification
Dental floss or tape		Acceptable (including waxed) if not flavored
Dentures	✓	
Deodorant	✓	
Dessert gels & puddings	▲	
Detergent	✓	
Dill		Seeds ✖ (Kitnios) Leaves ✓
Dishwashing soap	✓	
Dog food		See pet food pages
Dried fruit	▲	
Edamame	×	Kitnios
Eggs		Cooked or liquid ▲ Whole and raw (including pasteurized) ✓

Product	Status	Notes
Ensure		See nutritional supplement page
Eye drops	✓	
Eye liner	✓	
Eye shadow	✓	
Fabric protector	✓	
Fabric softener	✓	
Fennel		Seeds ✖ (Kitnios) Leaves ✓
Fish		Fresh ✓ Canned, frozen or processed ▲
Fish food		See pet food pages
Flax seeds		Flax seeds are not kitnios; see spices
Flour	×	Chametz
Floss (dental)		Acceptable (including waxed) if not flavored
Foil (aluminum)	✓	
Food coloring	▲	
Food supplements		See nutritional supplement page
Formula for infants		See baby formula
Frozen dinners	▲	
Fruit		Canned, cooked, dried or sweetened ▲ Fresh ✓ Frozen is acceptable if it is not sweetened or cooked, and contains no sensitive additives
Fruit juice	▲	Pure frozen concentrated orange juice ✓ Other concentrates ▲
Fruit preserves	▲	
Furniture polish	✓	
Garlic		Fresh ✓ Peeled (in jars or cans) ▲
Gloves (disposable)		Powder free ✓ Powderless or with powder ▲
Glue	✓	
Grape juice	▲	
Grapefruit juice	▲	
Green beans	×	Kitnios
Gum (chewing)	▲	
Hair gel	✓	
Hairspray	✓	
Hemp, hemp oil	×	Kitnios
Herbal tea	▲	
Honey	▲	
Horseradish		Raw ✓ Prepared ▲
Hydrogen peroxide	✓	
Ice (in bag)	✓	
Ice cream	▲	
Ices	▲	
Infant formula		See baby formula

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# Shopping Guide

Product	Status	Notes
Insecticide sprays	✓	Some traps contain chametz
Instant coffee or tea	▲	
Invert sugar	▲	
Isopropyl alcohol	✓	
Jam	▲	
Jelly	▲	
Juice (fruit)	▲	Pure frozen concentrated orange juice ✓ Other concentrates ▲
K-Cups	▲	
Kasha	✗	Kitnios
Ketchup	▲	
Kimmel	✗	Kitnios
Lactaid		Lactaid milk may be used if purchased before Pesach Chewable pills ✗ Non-chewable pills ✓ Powder free ✓
Latex gloves		Powderless or with powder ▲
Laundry detergent	✓	
Laxatives		See medicine and cosmetic pages
Lemon juice	▲	Concentrate also requires Pesach certification
Lentils	✗	Kitnios
Lip products		See medicine letter (page 3) and see www.ASKoRc.org for updated information
Liqueur	▲	
Liquid dish detergent	✓	
Liquid medicines		See medicine letter (page 3)
Liquor	▲	
Listerine PocketPaks	✗	Requires Pesach certification, and this brand is not certified
Lotions	✓	
Makeup		See medicine and cosmetic pages
Margarine	▲	
Mascara	✓	
Matzah	▲	
Mayonnaise	▲	
Meat		Fresh or frozen raw meat in original packaging is acceptable, but ground, cooked or repacked requires Pesach certification
Medicine		See medicine letter (page 3)
Milk	▲	If certified is unavailable, buy before Pesach
Millet	✗	Kitnios
Mineral oil	✓	
Mineral water		Acceptable if it does not contain carbonation, flavors, vitamins, or other sensitive additives
Monosodium glutamate	▲	
Mousse (for hair)	✓	

Product	Status	Notes
Mouthwash		See medicine and cosmetic pages
MSG	▲	
Mushrooms		Canned ▲ Raw or dried ✓
Mustard	✗	Kitnios
Nail polish	✓	
Nail polish remover	✓	
Napkins	✓	
Non dairy creamer	▲	
Nutritional supplements		See nutritional supplement page  Peanuts are kitnios ✗ Pecans (all shelled) ▲ Other nuts (incl. chopped) are acceptable without certification if free of BHA and BHT, and not blanched, roasted or ground
Nuts		
Ointments	✓	
Olive oil		Extra virgin (unflavored) ✓ Other types, including extra light ▲
Oil (cooking)	▲	
Orange juice	▲	Pure frozen orange juice concentrate does not require Pesach certification
Orthodontics	✓	Wash rubber bands before placing in mouth
Oven cleaner	✓	
Pam	▲	
Pans (aluminum)	✓	
Paper products	✓	Including bags, napkins, plates, and wax paper May be used for hot or cold
Paraffin	✓	
Parchment paper	▲	
Peanuts	✗	Kitnios
Peas	✗	Kitnios
Pecans (all shelled)	▲	
Perfume	✓	When produced in the USA
Pet food		See pet food pages
Petroleum jelly	✓	
Pickles	▲	
Pills		See medicine letter (page 3)
Pineapple (canned)	▲	
Plastic (cutlery, plates)	✓	
Plastic wrap	✓	
Plates	✓	Including paper, plastic and Styrofoam May be used for hot or cold
Play-doh	✗	May contain chametz
Polish (for furniture, shoes, or silver)	✓	
Pop	▲	
Popcorn	✗	Kitnios

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# Shopping Guide

Product	Status	Notes
Poppy seeds	✘	Kitnios
Potato chips	▲	
Poultry		Fresh or frozen raw poultry in original packaging is acceptable, but ground, cooked or repacked requires Pesach certification
Powdered dish detergent	✓	
Prunes	▲	
Pumpkin seeds		Not kitnios; acceptable if raw and without additives
Quinoa	▲	Quinoa is not kitnios but requires certification to be sure no other grains are mixed in
Raisins	▲	
Rice, including wild rice	✘	Kitnios Rice milk may contain chametz; see milk alternatives page
Saffron		Some have a custom not to use saffron for Pesach See Spices
Salads (bagged)	▲	If certified is unavailable, and contains no kitnios or sensitive additives; buy before Pesach
Salmon		Fresh ✓ Canned, frozen or processed ▲
Salt		Acceptable without iodine or other additives
Sanitizers (e.g. Purell)	✓	
Scouring pads	✓	
Seltzer	▲	
Sesame seeds	✘	Kitnios
Shampoo	✓	
Shaving lotion	✓	
Sherbet	▲	
Shortening	▲	
Silver polish	✓	
Snow peas	✘	Kitnios
Soaps	✓	
Soda	▲	
Sorbet	▲	
Sorghum	✘	Kitnios
Soup mix	▲	
Soy products	✘	Kitnios Soy sauce and soy milk may contain chametz; see milk alternatives page
Spices		Anise, caraway, coriander seeds, cumin, dill seeds, fennel seeds, and mustard are kitnios ✘ Other spices are acceptable in whole form, but ground spices require certification
Splenda	▲	
Stain remover	✓	
Star anise		Star anise is not kitnios; see Spices
Stevia	▲	

Product	Status	Notes
Stick deodorant	✓	
String beans	✘	Kitnios
Styrofoam	✓	
Sugar		Brown sugar and confectioners' sugar ▲ Pure, white cane sugar without additives is acceptable
Sugar substitute	▲	
Sunflower seeds	✘	Kitnios
Sunscreen	✓	
Suppositories	✓	
Syrups	▲	
Tea		Pure black, green or white tea leaves or tea bags are acceptable unless they are flavored, instant or decaffeinated, in which case they require certification Lipton decaffeinated tea bags ✓ Herbal tea ▲
Tissues	✓	
Tofu	✘	Kitnios
Tomato-based products	▲	
Toothpaste		See www.ASKCo.org for updates
Toothpicks		Toothpicks are acceptable unless flavored or colored
Tums	✘	Chewable antacids require Pesach certification, and this brand is not certified for Pesach
Tuna fish (canned)	▲	
Turmeric		Turmeric is not kitnios; see spices
Vanilla	▲	
Vaseline	✓	
Vegetable oil	▲	
Vegetables		Bagged salads - see Salad (bagged) Canned, cooked or frozen ▲ Fresh raw vegetables are acceptable if they are not kitnios (see listing for individual vegetables) and do not contain additives other than sugar
Vegetable wash	▲	
Vinegar	▲	
Vitamins	▲	
Water		Acceptable if it does not contain carbonation, flavors, vitamins, or other sensitive additives
Wax for braces	✓	
Wax paper	✓	
Whitener (for coffee)	▲	
Wild rice	✘	Kitnios
Wine	▲	
Wood chips	✓	
Wrap (plastic)	✓	
Yogurt	▲	

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# Kosher Symbols

## UNITED STATES and CANADA

### California



**Igud Hakashrus of Los Angeles**  
(Kehillah Kosher)  
Rabbi Avraham Teichman  
(323) 935-8383  
186 North Citrus Ave.,  
Los Angeles, CA 90036



**Vaad Hakashrus of Northern California**  
510-843-8223  
2520 Warring St.  
Berkeley, CA 94704



**Rabbinical Council of California (RCC)**  
Rabbi Nissim Davidi  
(213) 489-8080  
617 South Olive St. #515,  
Los Angeles, CA 90014



**Colorado**  
**Scroll K Vaad Hakashrus of Denver**  
Rabbi Moshe Heisler  
(303) 595-9349  
1350 Vrain St.  
Denver, CO 80204



**District of Columbia**  
**Vaad HaRabanim of Greater Washington**  
Rabbi Binyamin Sanders  
(202) 291-6052  
7826 Eastern Ave. NW,  
Suite LL8  
Washington DC 20012



**Florida**  
**Kosher Miami**  
**Vaad HaKashrus of Miami-Dade**  
Rabbi Mordechai Fried  
Rabbi Manish Spitz  
(786) 390-6620  
PO Box 403225  
Miami, FL 33140



**Florida K and Florida Kashrus Services**  
Rabbi Sholom B. Dubov  
(407) 644-2500  
642 Green Meadow Ave.  
Maitland, FL 32751



**South Palm Beach Vaad (ORB)**  
Rabbi Pesach Weitz  
(305) 206-1524  
5840 Sterling Rd. #256  
Hollywood, FL 33021



**Orthodox Rabbinat of North Dade**  
305-931-6204  
1870 N.E. 187th St.  
North Miami Beach, FL 33179



**Georgia**  
**Atlanta Kashrus Commission**  
Rabbi Reuven Stein  
(404) 634-4063/1855 La Vista Rd.  
Atlanta, GA 30329



**Illinois**  
**Chicago Rabbinical Council (cRc)**  
Rabbi Sholem Fishbane  
[www.crcweb.org](http://www.crcweb.org)  
(773) 465-3900  
2701 W. Howard,  
Chicago, IL 60645



**Indiana**  
**Indianapolis Beth Din**  
Rabbi Avraham Grossbaum  
Rabbi Shlomo Crandall  
(317) 251-5573  
1037 Golf Lane  
Indianapolis, IN 46260



**Indianapolis Orthodox Board of Kashrus**  
Rabbi Avraham Grossbaum  
Rabbi Shlomo Crandall  
(317) 253-5253  
6510 Hoover Road  
Indianapolis, IN 46260



**Iowa**  
**Iowa "Chai-K" Kosher Supervision**  
Rabbi Yossi Jacobson  
(515) 277-1718  
943 Cummins Pkwy  
Des Moines, IA 50312



**Kentucky**  
**Louisville Vaad Hakashrut**  
502-459-1770  
PO Box 5362  
Louisville, KY 40205

# Kosher Symbols



**Louisiana**  
Louisiana Kashrut Committee  
Rabbi Nemes  
504-957-4986  
PO Box 55606  
Metairie, LA 70055



**Maryland**  
Star-K Kosher Certification  
(chalav Yisrael)  
Dr. Avram Pollack  
(410) 484-4110  
122 Slade Ave. #300  
Baltimore, MD 21208



Star-D Certification (non-chalav Yisrael)  
Dr. Avram Pollack  
(410) 484-4110  
122 Slade Ave. #300  
Baltimore, MD 21208



**Massachusetts**  
New England Kashrus LeMehadrin  
617-789-4343  
75 Wallingford, MA 02135



Vaad Hakashrus of Worcester  
508-799-2659  
822 Pleasant St.  
Worcester, MA 01602

Rabbi Dovid Moskovitz  
(617) 734-535  
946 Embassy Road  
Brighton, MA 02135



**Michigan**  
Council of Orthodox Rabbis of Greater  
Detroit (Merkaz)  
Rabbi Yosef Dov Krupnik  
(248) 559-5005  
16947 West Ten Mile Rd.  
Southfield, MI 48075



**Minnesota**  
United Mehadrin Kosher (UMK)  
Note: unless the meat states that it is  
glatt, it is certified not-glatt by the UMK.  
The cRc only accepts Glatt Kosher meats.  
Rabbi Asher Zeilingold  
(651) 690-2137  
1001 Prior Ave. South  
St. Paul, MN 55116



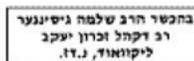
**Missouri**  
Vaad Hoeir of Saint Louis  
(314) 569-2770  
4 Millstone Campus  
St. Louis, MO 63146



**New Jersey**  
Badatz Mehadrin -USA  
732-363-7979  
1140 Forest Ave.  
Lakewood, NJ 08701



Double U  
Kashrus Badatz Mehadrin USA  
Rabbi Y. Shain  
(732) 363-7979  
1140 Forest Ave.  
Lakewood, NJ 08701



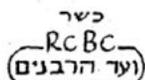
Rabbi Shlomo Gissinger  
(732) 364-8723  
170 Sunset Rd.  
Lakewood, NJ 08701



Kashrus Council of Lakewood N.J.  
Rabbi Avrohom Weisner  
(732) 901-1888  
750 Forest Ave. #66  
Lakewood, NJ 08701



Kof-K Kosher Supervision  
Rabbi Zecharia Senter  
(201) 837-0500 201 The Plaza  
Teaneck, NJ 07666



Rabbinical Council of Bergen  
County  
201-287-9292  
PO Box 1233  
Teaneck, NJ 07666

**New York-Bronx**  
Rabbi Zevulun Charlop  
(718) 365-6810  
100 E. Mosholu Parkway South  
Bronx, NY 10458

**New York-Brooklyn**  
Rabbi Yechiel Babad  
(Tartikover Rav)  
(718) 951-0952/3  
5207-19<sup>th</sup> Ave.  
Brooklyn, NY 11204

# Kosher Symbols



**Central Rabbinical Congress  
(Hisachdus HaRabanim)**  
Rabbi Yitzchak Glick  
(718) 384-6765  
85 Division Ave.  
Brooklyn, NY 11211



**Rabbi Yisroel Gornish**  
718-376-3755  
1421 Avenue O  
Brooklyn, NY 11230



**Rabbi Nussen Naftoli Horowitz**  
Rabbi Benzion Halberstam  
(718) 234-9514  
1712-57<sup>th</sup> St.  
Brooklyn, NY 11204



**Kehilah Kashrus  
(Flatbush Community Kashrus  
Organization)**  
Rabbi Zechariah Adler  
(718) 951-0481  
1294 E. 8<sup>th</sup> St.  
Brooklyn, NY 11230



**The Organized Kashrus  
Laboratories (OK)**  
Rabbi Don Yoel Levy  
(718) 756-7500  
391 Troy Ave.  
Brooklyn, NY 11213



**Rabbi Avraham Kleinman  
Margaretten Rav**  
718-851-0848  
1324 54th St.  
Brooklyn, NY 11219



**Debraciner Rav**  
Rabbi Shlomo Stern  
(718) 853-9623  
1641 56<sup>th</sup> St.  
Brooklyn, NY 11204



**Rabbi Aaron Teitelbaum  
(Nirbater Rav)**  
(718) 851-1221  
1617 46<sup>th</sup> St.,  
Brooklyn, NY 11204



**Rabbi Nuchem Efraim Teitelbaum  
(Volver Rav)**  
(718) 436-4685  
58085-11<sup>th</sup> Ave.  
Brooklyn, NY 11225



**Bais Din of Crown Heights  
Vaad HaKashrus**  
Rabbi Yossi Brook  
(718) 604-2500  
512 Montgomery Street  
Brooklyn, NY 11225



**Vaad Hakashrus Mishmeres  
L'Mishmeres**  
718-680-0642  
1157 42nd. St.  
Brooklyn, NY 11219



**Kehal Machzikei Hadas of Belz**  
718-854-3711  
4303 15th Ave.  
Brooklyn, NY 11219



**Vaad Harabanim of Flatbush**  
Rabbi Meir Goldberg  
(718) 951-8585  
1575 Coney Island Ave.  
Brooklyn, NY 11230



**New York-Manhattan  
K'hal Adas Jeshurun (Breuer's)**  
Rabbi Moshe Zvi Edelstein  
(212) 923-3582  
85-93 Bennett Ave,  
New York, NY 10033



**Orthodox Jewish Congregations (OU)**  
Rabbi Menachem Genack  
(212) 613-8241  
11 Broadway  
New York, NY 10004



**New York-Queens  
Vaad HaRabonim of Queens**  
(718) 454-3529  
185-08 Union Turnpike,  
Suite 109  
Fresh Meadows, NY 11366

# Kosher Symbols



**New York-Long Island**  
Vaad Harabanim of the Five Towns and Far Rockaway  
Rabbi Yosef Eisen  
(516) 569-4536  
597A Willow Ave.  
Cedarhurst, NY 11516



**New York-Upstate**  
Vaad HaKashrus of Buffalo  
Rabbi Moshe Taub  
(716) 634-3990/3940 Harlem Rd.  
Amherst, NY 14226



**The Association for Reliable Kashrus**  
Rabbi Shlomo Ullman  
(516) 239-5306  
104 Cumberland Place  
Lawrence, NY 11559



**Rabbi Mordechai Ungar**  
845-354-6632  
18 N. Roosevelt Ave.  
New Square, NY 10977



**National Kashrus (NK)**  
Rabbi Yaacov Lipschutz  
(845) 352-4448/101 Route 306  
Monsey, NY 10952



**Bais Ben Zion Kosher Certification**  
Rabbi Zushe Blech  
(845) 364-5376  
30 Mariner Way  
Monsey, NY 10952



**Vaad Hakashrus of Mechon L'Hoyroa**  
Rabbi Y. Tauber  
(845) 425-9565 ext. 101  
168 Maple Ave.  
Monsey, NY 10952



**Rabbi Avraham Zvi Glick**  
(845) 425-3178  
34 Brewer Road  
Monsey, NY 10952

**Rabbi Yitzchok Lebovitz**  
(845) 434-3060  
P.O. Box 939  
Woodridge, NY 12789



**New Square Kashrus Council**  
Rabbi C.M. Wagshall  
(845) 354-5120  
21 Truman Ave.  
New Square, NY 10977



**Vaad Hakashruth of the Capital District**  
518-789-1530  
877 Madison Ave.  
Albany, NY 12208



**Rabbi Menachem Meir Weissmandel**  
(845) 352-1807  
1 Park Lane  
Monsey, NY 10952



**Ohio**  
**Cleveland Kasher**  
Rabbi Shimon Gutman  
(440) 347-0264  
3695 Severn Road  
Cleveland Heights, OH 44118



**Pennsylvania**  
**Community Kashrus of Greater Philadelphia**  
215-871-5000  
7505 Brookhaven  
Philadelphia, PA 19151



**Texas**  
**Texas-K**  
**Chicago Rabbinical Council (cRc)**  
Rabbi Sholem Fishbane  
(773) 465-3900  
2701 W. Howard  
Chicago, IL 60645



**Dallas Kasher**  
Rabbi Sholey Klein  
(214) 739-6535/7800 Northaven Rd.  
Dallas, TX 75230



**Washington**  
**Vaad Harabanim of Greater Seattle**  
(206) 760-0805  
5100 South Dawson St. #102,  
Seattle, WA 98118

# Kosher Symbols



## Wisconsin

**Kosher Supervisors of Wisconsin**  
Rabbi Benzion Twerski  
(414) 442-5730  
3100 North 52<sup>nd</sup> St.  
Milwaukee, WI 53216



## CANADA

**Kashrus Council of Canada (COR)**  
Rabbi Mordechai Levin  
(416) 635-9550  
4600 Bathurst St. #240,  
Toronto, Ontario M2R 3V2



## Montreal Vaad Hair (MK)

Rabbi Peretz Jaffe  
(514) 739-6363  
6825 Decarie Blvd.  
Montreal, Quebec H3W3E4



## Rabbinical Council of British Columbia

Rabbi Avraham Feigelstak  
(604) 267-7002  
1100-1200 West 73rd Ave.  
Vancouver, B.C. V6P 6G5



## INTERNATIONAL ARGENTINA

**Achdus Yisroel**  
Rabbi Daniel Oppenheimer  
(5411) 4-961-9613 / Moldes 2449  
(1428) Buenos Aires



## Rabbi Yosef Feiglestock

(5411) 4-961-9613  
Ecuador 821  
Buenos Aires Capital 1214  
Argentina



## AUSTRALIA

**Melbourne Kashrut**  
Rabbi Mordechai Gutnick  
(613) 9525-9895  
81 Balaclava Road  
Caulfield Junction, Vic. 3161,  
Australia



## BELGIUM

**Machsike Hadass**  
Jacob Jacobstraat 22  
Antwerp 2018  
Rabbi Eliyahu Shternbuch  
(323) 233-5567



## BRAZIL

**Comunidade Ortodoxa Israelita Kehillas Hachareidim Departamento de Kashrus**  
Rabbi A.M. Iliovits  
(5511) 3082-1562  
Rua Haddock Lobo 1091,  
S. Paulo SP



## CHINA

**HKK Kosher Certification Service**  
Rabbi D. Zadok  
(852) 2540-8661  
8-B Albron Court  
99 Caine Road, Hong Kong



## ENGLAND

**Kedassia The Joint Kashrus Committee of England**  
Mr. Yitzchok Feldman  
(44208) 802-6226  
140 Stamford Hill  
London N16 6QT



## Machzikei Hadas Manchester

Rabbi M.M. Schneebalg  
(44161) 792-1313  
17 Northumberland St.  
Salford M7FH



## Gateshead Kashrus Authority

Rabbi Elazer Lieberman  
(44191) 477-1598  
180 Bewick Road  
Gateshead NE8 1UF



## FRANCE

**Rabbi Mordechai Rottenberg (Chief Orthodox Rav of Paris)**  
(3314) 887-4903  
10 Rue Pavee, Paris 75004

# Kosher Symbols



**Adas Yereim of Paris**  
Rabbi Y.D. Frankfurter  
(3314) 246-3647  
10 Rue Cadet, 9e  
(Metro Cadet),  
Paris 75009

**Kehal Yeraim of Paris**  
Rabbi I Katz  
33-153-012644  
13 Rue Pave  
Paris, France 75004

## ISRAEL



**Badatz Mehadrin**  
Rabbi Avraham Rubin  
(9728) 939-0816  
10 Rechov Miriam Mizrahi  
6<sup>th</sup> floor, Room 18  
Rechovot, Israel 76106



**Rabanut Hareishit Rechovot**  
2 Goldberg St.  
Rechovot, 76106



**Beis Din Tzedek of Agudas Israel**  
**Moetzes Hakashrus**  
Rabbi Zvi Geffner  
(9722) 538-4999  
2 Press St.  
Jerusalem



**Beis Din Tzedek of the Eidah Hachareidis of Jerusalem**  
Rabbi Naftali Halberstam  
(9722) 624-6935  
Binyanei Zupnick  
26A Rechov Strauss  
Jerusalem



**Beis Din Tzedek of K'hal Machzikei Hadas - Maareches Hakashrus**  
(9722) 538-5832  
P.O. Box 41109  
Jerusalem 91410



**Chug Chasam Sofer**  
Rabbi Shmuel Eliezer Stern  
(9723) 618-859618 Maimon St.  
Bnei Brak 51273



**Rabbi Moshe Landau**  
(9723) 618-2647  
Bnei Brak

**Rabbi Mordechai Seckbach**  
(9728) 974-4410  
Noda Biyauda St. 5/2  
Modiin Illit



## PHILIPPINES

**Far East Kashrut**  
Rabbi Haim Talmid  
312-528-7078  
Makati Philippines

## SOUTH AFRICA

**Cape Town Bais Din**  
Rabbi D Maizels  
(2721) 461-6310  
191 Buitenkant St.  
Cape Town 8001

## SWITZERLAND

**Beth Din Adas Jeshurun**  
Rabbi Pinchus Padwa  
(411) 201-6746  
Freigulstrasse 37  
8002 Zurich  
**Jewish Community and Central Synagogue Kiev**  
Rabbi B. Bleich  
(38044) 463-7087  
29 Shekavizkaya Str.  
Kiev

## VENEZUELA

**Union Israelita de Caracas**  
Rabbi Chaim Raitport  
(528212) 552-8222  
Avenida Marques del Toro  
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